

THREE DAY INTER NATIONAL WORKSHOP:

Department of Statistics

Department of Statistics organized **Three Day Inter National Online Workshop on “Stress Management Through Sahaja Yoga Meditation”** for students, Alumnae, faculty and their family members of St. Pious X degree & PG college for women from **27.05.20020 to 29.05.2020**.

The program was conducted in Google Meet, 50 students were attended the workshop (140 students enrolled). Other family members from USA were also attended the program.

Resource Persons for the Workshop are:

- Mr. Shiva Shankar Bhagavatula, Trainer, Sahaja Yoga, Hyderabad, Telangana.
- Mr. Ram Prachand, Delivery Head, Cyber Security, Wipro, Australia.
- Dr. Manoj Kumar, CEO – Pinnacle Software Firm, Bangalore.