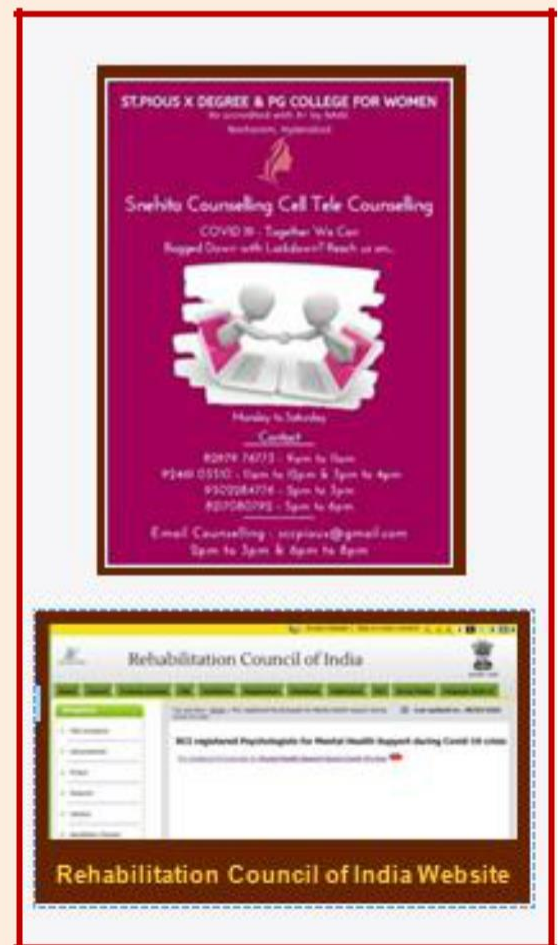


## Tele Counselling Services Through Snehita Counselling Cell of the College

St. Pious X Degree & PG College for Women, through College Snehita Counselling Cell initiated Tele & E-Mail Counselling services to all the students and people in need. The team consists of 7 trained counsellors in managing and dealing with emotions and behaviours in a healthy way during covid 19. The main issues that our counsellors are dealing with are: Financial Issues, Anger Issues, Anxiety, Stress etc.

## Tele Counselling Services Through Rehabilitation Council of India

Ms. V. Beulah Vennela, Lecturer in Psychology cum College Counsellor, St. Pious X Degree & PG College for Women, also a Licensed Rehabilitation Psychologist has been offering Tele Counselling Services through Rehabilitation Council of India from Telangana State.



- ✚ Ms. V. Beulah Vennela, Lecturer, Counsellor, Certified Rehabilitation Psychologist, through Rehabilitation Council of India, Sahayam Counselling Center Osmania University & Snehitha College Counselling Cell, has been rendering tele-counselling support to all the citizens of India. She has also been receiving International calls for emotional help.
- ✚ Department of Psychology, through Snehitha to help students going through various mental health issues has started a Wats app group and Instagram to help students of St. Pious X Degree & PG College for Women. Posts on different topics are posted each day from Monday to Saturday. A team of 20 students under the guidance of Ms. V. Beulah Vennela, students are helped.

